

Academic Curriculum Vitae

Sepideh Hajian, PhD

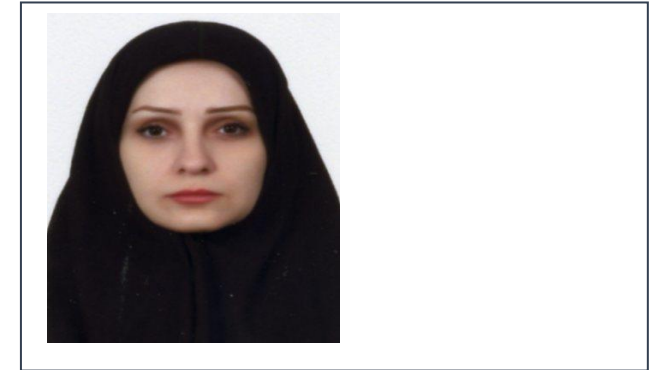
Full Professor, Department of midwifery & reproductive health

Address: Department of midwifery & reproductive health, Faculty of Nursing & Midwifery, Vali-Asr Avenue,
Cross of Vali-Asr and Rafsanjani Highway, Opposite to Rajaee Heart Hospital,
P.O. Box: 1996835119, Tehran, I.R of Iran

E-mail: s.hajian@sbmu.ac.ir
hajian1974@gmail.com

Research interests:

Reproductive health promotion
Safe motherhood.



Education

<u>Year</u>	<u>Degree</u>	<u>Institution</u>	<u>Location</u>
2012	Ph.D.	Shahroud University of Medical Sciences	Shahroud, Iran
2004	M.Sc.	Shahid Beheshti University of Medical Sciences	Tehran, Iran
1996	B.Sc.	Azad University of Medical Sciences	Tehran, Iran



Professional Experience and Executive Positions

<u>Years</u>	<u>Position</u>	<u>Institution</u>	<u>Location</u>
From 2021	Vice-chancellor of Research	Shahid Beheshti University of Medical Sciences	Tehran, Iran
From 2018	Head of Department of midwifery & reproductive health	Shahid Beheshti University of Medical Sciences	Tehran, Iran
From 2022	Member of The Examination and evaluation board of midwifery & reproductive health	Ministry of Health and Medical Education	Tehran, Iran
From 2020	Director of curriculum & study planning committee	Shahid Beheshti University of Medical Sciences	Tehran, Iran
2014-2019	Director of Education Development Office	Shahid Beheshti University of Medical Sciences	Tehran, Iran
From 2013	Academic member	School of Nursing & Midwifery, Shahid Beheshti University of Medical Sciences	Tehran, Iran

Research- Publications



- Rashidi Fakari F, Hajian S*, Darvish S, Alavi Majd H. Predictors of help-seeking behaviors in women with urinary incontinence: Based on Iranian women's lens. *Plos one*. 2023 Aug 4;18(8):e0289785.
- Moshfeghy Z, Riazi H, Hajian S, Montazeri A. Evaluating Health-promoting Lifestyle Profile among Menopausal Women: A Meta-analysis. *The Open Nursing Journal*. 2023 Jul 25;17(1).
- Aghaei Z, Hajian S*, Darvish S. Maternal Plasma Lipid Profile and Risk of Spontaneous Preterm Labor Study in a Sample of Iranian Women in 2019. *Iranian Journal of Nursing and Midwifery Research*. 2023 Jul 1;28(4):468-73.
- Moradali MR, Hajian S*, Majd HA, Rahbar M, Entezarmahdi R. Job Satisfaction and its Related Factors in Midwives Working in the Health Services System in Iran: A Systematic Review. *Journal of Midwifery & Reproductive Health*. 2023 Apr 1;11(2).
- Bakht R, Dolatian M, Hajian S, Montazeri A, Majd HA, Zare E. Women's Reproductive Health Literacy: A Qualitative Study. *International Journal of Women's Health & Reproduction Sciences*. 2023 Jan 1;11(1).
- Kiani Z, Simbar M, Hajian S, Zayeri F, RashidiFakari F, Chimeh FJ. Investigating different dimensions of infertile women's quality of life: a descriptive cross-sectional study. *BMC Public Health*. 2022 Dec;22(1):1-1.
- Rashidi Fakari F, Ahmadi Doulabi M, Mokhtaryan-Gilani T, Akbarzadeh Baghban A, Hajian S. A survey of coping strategies and resilience in women victims of domestic violence during the COVID-19 pandemic in Tehran, 2020. *Brain and behavior*. 2022 Sep;12(9):e2730.
- Hajiesmaello M, Hajian S*, Riazi H, Majd HA, Yavarian R. Challenges facing clinical

midwifery education in Iran. *BMC Medical Education*. 2022 Dec;22(1):1-3.

-Hajiesmaello M, Hajian S*, Riazi H, Majd HA, Yavarian R. Secondary traumatic stress in Iranian midwives: stimuli factors, outcomes and risk management. *BMC psychiatry*. 2022 Dec; 22(1):1-3 .

-Hajian S, Mehran N, Simbar M, Alavi Majd H. The barriers and facilitators of Iranian men's involvement in perinatal care: a qualitative study. *Reproductive Health*. 2022 Dec;19(1):1-9.

-Rashidi Fakari F, Ahmadi Doulabi M, Mokhtaryan-Gilani T, Akbarzadeh Baghban A, Hajian S. A survey of coping strategies and resilience in women victims of domestic violence during the COVID-19 pandemic in Tehran, 2020. *Brain and behavior*. 2022 Sep;12(9):e2730.

-Mousavi A, Jannesari S, Hajian S, Solhi M, Khabaz Khoob M, Nasiri M, Sadeghyan A. Does the Extended Parallel Process Model Promote Breast Self-Examination? A Controlled Experimental Study. *Journal of Obstetrics, Gynecology and Cancer Research (JOGCR)*. 2022 Jul 10;7(4):304-13.

-Khodarahmi S, Hajian S*, Zare E, Nasiri M. The effect of backup midwife on maternal experience after vaginal childbirth—a qualitative study. *Journal of Medicine and Life*. 2022 Apr;15(4):539.

-Mohsenian M, Hajian S*, Abbasi Fashami M. Comparison of health promoting lifestyle and Health Literacy between Men and Women. An analytical-comparative study among the Tehranian middle-aged population. *Islamic Life Journal*. 2022 Mar 10;6(2):0 -.

-Hajiesmaello M, Hajian S*, Riazi H, Majd HA, Yavarian R. How professional quality of life is influenced by perceptions of empowerment in midwives. *British Journal of Midwifery*. 2022 Feb 2; 30(2):80-90.

- Roozbeh N, Hajian S*, Darvish S, Kiani Z. The risk factors affecting low birth weight in Iran: An update systematic review. *Journal of Obstetrics, Gynecology and Cancer Research (JOGCR)*. 2022 Jan 10;7(3):131-43.
- Toomari E, Hajian S*, Mojab F, Omidkhah T, Nasiri M. Evaluation the effect of Silybum marianum ointment on episiotomy wound healing and pain intensity in primiparous women: a randomized triple blind clinical trial. *BMC complementary medicine and therapies*. 2021 Dec;21(1):1-1.
- Nazari S, Hajian S*, Abbasi Z, Majd HA. Postpartum care promotion based on maternal education needs: A mixed study. *Journal of education and health promotion*. 2021;10. .
- Kiani Z, Simbar M, Hajian S, Zayeri F. Quality of life among infertile women living in a paradox of concerns and dealing strategies: A qualitative study. *Nursing Open*. 2021 Jan;8(1):251-61.
- Akbarzadeh S, Zandi M, Hajian S, Nazari L, Nasiri M. Quality of Patient-Centered Care from the Viewpoint of Infertile Clients in the ART Centers of the Hospitals of Shahid Beheshti University of Medical Sciences. *The Iranian Journal of Obstetrics, Gynecology and Infertility*. 2021;23(11):51-9.
- Khodarahmi S. Hajian S*, Zare E, Nasiri M, Pazandeh F. Investigating the Iranian women's experiences of physiological childbirth. *European Journal of Molecular & Clinical Medicine*. 2021 Feb 9;8(2):1011-24.
- Fakari FR, Hajian S*, Darvish S, Majd HA. Explaining factors affecting help-seeking behaviors in women with urinary incontinence: a qualitative study. *BMC Health Services Research*. 2021 Dec;21(1):1-0.
- Kiani Z, Simbar M, Hajian S, Zayeri F. The prevalence of depression symptoms among infertile women: a systematic review and meta-analysis. *Fertility research and practice*. 2021 Dec;7(1):1-0.



- Fathnezhad-Kazemi A, Aslani A, Hajian S*. Association between Perceived Social Support and Health-Promoting lifestyle in Pregnant Women: A Cross-Sectional Study. *Journal of Caring Sciences*. 2021 May 23;10(2):96-102.
- Fakari FR, Hajian S*. COVID-19-Opportunity for online education: Do not forget the ethical considerations in teaching learners. *Journal of Education and Health Promotion*. 2021 Jan 1;10(1):162.
- Mehran N, Hajian S*, Simbar M, Majd HA. Spouse's participation in perinatal care: a qualitative study. *BMC Pregnancy and Childbirth*. 2020 Dec;20(1):1-3.
- Kiani Z, Simbar M, Hajian S*, Zayeri F. Development and psychometric evaluation of a quality of life questionnaire for infertile women: a mixed method study. *Reproductive Health*. 2020 Dec;17(1):1-
- Kiani Z, Simbar M, Hajian S, Zayeri F, Shahidi M, Saei Ghare Naz M, Ghasemi V. The prevalence of anxiety symptoms in infertile women: a systematic review and meta-analysis. *Fertility research and practice*. 2020 Dec;6:1-0.
- Moridi M, Pazandeh F, Hajian S, Potrata B. Development and psychometric properties of Midwives' Knowledge and Practice Scale on Respectful Maternity Care (MKP-RMC). *PloS one*. 2020 Nov 3;15(11):e0241219
- Hajiesmaello M, Kariman N, Sharif Nia H, Ozgoli G, Hajian S, Bazzazian S, Mokhtarian-Gilani T. The translation and psychometric assessment of the perception of empowerment in midwifery scale: the Persian version. *BMC health services research*. 2020 Dec; 20:1-9.
- Hajian S, Aslani A, Sarbakhsh P, Fathnezhad-Kazemi A. The effectiveness of healthy lifestyle interventions on weight gain in overweight pregnant women: A cluster-randomized controlled trial. *Nursing Open*. 2020 Nov;7(6):1876-86.
- Kazemi S, Dencker A, Pazandeh F, Montazeri A, Sedigh-Mobarakabadi S, Hajian S.



Psychometric Evaluation of the Persian Version of the Childbirth Experience Questionnaire (CEQ). *BioMed Research International*. 2020 Dec 10;2020.

- Haji Rafiei E, Torkzahrani S, Hajian S, Alavi Majd H. A Correlational Study Between Attachment Behaviors and Spiritual Health h with Stress in Pregnant Women Referred to Healthcare Centers in Qazvin, Iran, in 2015. *Iranian Journal of Psychiatry and Behavioral Sciences*. 2020 Dec 31;14(4).

Dabiri F, Hajian S*, Ebadi A, Abedini S. Explaining the Needs of Reproductive Health Literacy in Pre-Marriage Couples: A Qualitative Study. *International Journal of Pharmaceutical and Psychopharmacological Research*. 2020;10(6):82-91.

- M Abbasi Fashami, S Hajian*, M Afrakhteh, M Khabaz Khoob. Relationship between level of red blood cell indices and risk of gestational diabetes mellitus: a case-control study. *Iranian Journal of Obstetrics, Gynecology and Infertility*. 2019 Jun 22(4): 36-43.

Rashidi Fakari F, Riazi H, Hajian S, OZgoli G, Nasiri M, Janatiataei P, Sheikhan Z, Khoramabadi MS. Effect of Educational Based on the Theory of Planned Behavior on Health Promoting Behaviors in 12-14-Year-Old Girls. *International Journal of Pediatrics*. 2019 Jul 31.

-Nabizadeh, S., Hajian, S*, Sheikhan, Z., Rafiei, F. Prediction of academic achievement based on learning strategies and outcome expectations among medical students. *BMC Medical Education*. 2019 19 (1), 99.

-Rashidi, F., Hajian, S*, Darvish, S., Majd, H.A. Prevalence of urinary incontinence in Iranian women: Systematic review and meta-analysis. *Iranian Journal of Obstetrics, Gynecology and Infertility*. 2019 Feb 21(12): 94-102.

- Fathnezhad-Kazemi A, Hajian S*. Factors influencing the adoption of health promoting behaviors in overweight pregnant women: a qualitative study. *BMC pregnancy and childbirth*. 2019 Dec; 19(1):43.

- Kazemi AF, Hajian S*, Sharifi N. The Psychometric Properties of the Persian Version of the Pregnancy Physical Activity Questionnaire. *INTERNATIONAL JOURNAL OF WOMENS HEALTH AND REPRODUCTION SCIENCES*. 2019 Jan 1;7(1):54-60.
- Fathnezhad Kazemi A, Hajian S*, Ebrahimi-Mameghani M, KhabazKhub M. A review of various aspects of health promotion behavior during pregnancy. *Tehran University Medical Journal TUMS Publications*. 2019 Jan 15;76(10):647-53.
 - Kazemi AF, Hajian S*. Experiences related to health promotion behaviors in overweight pregnant women: a qualitative study. *Reproductive health*. 2018 Dec;15(1):219.
 - Kazemi AF, Hajian S*, Ebrahimi-Mameghani M, Khob MK. The perspectives of pregnant women on health-promoting behaviors: an integrative systematic review. *INTERNATIONAL JOURNAL OF WOMENS HEALTH AND REPRODUCTION SCIENCES*. 2018;6(2):97-105.
 - Hamdamian S, Nazarpour S, Simbar M, Hajian S, Mojab F, Talebi A. Effects of aromatherapy with *Rosa damascena* on nulliparous women's pain and anxiety of labor during first stage of labor. *Journal of integrative medicine*. 2018 Mar 1;16(2):120-5.
 - Hajian S, Imani F, Riazi H, Salmani F. Prediction of Adequate Prenatal Care Utilization Based on the Extended Parallel Process Model. *International journal of community based nursing and midwifery*. 2017 Oct;5(4):342.
- Hajian S, Mehrabi E, Simbar M, Houshyari M. Coping strategies and experiences in women with a primary breast cancer diagnosis. *Asian Pacific journal of cancer prevention: APJCP*. 2017;18(1):215.
- Shishehgar F, Tehrani FR, Mirmiran P, Hajian S, Baghestani AR. Comparison of the association of excess weight on health related quality of life of women with polycystic ovary syndrome: an age-and BMI-matched case control study. *PloS one*. 2016 Oct 13;11(10):e0162911.

- Hajian S, Mehrabi E, Simbar M, Houshyari M, Zayeri F, Hajian P. Designing and Psychometric Evaluation of Adjustment to Illness Measurement Inventory for Iranian Women with Breast Cancer. *Iranian journal of cancer prevention*. 2016 Aug;9(4).
- Imani F, Hajian S*, Riazi H, Salmani F. Determinants of Intention to Use Prenatal Care Services among Rural Women in Iran. *Advances in Bioresearch*. 2017 Jan 1;8(1).
- Mehrabi E, Hajian S*, Simbar M, Houshyari M, Zayeri F. The lived experience of Iranian women confronting breast cancer diagnosis. *J Caring Sci* 2016; 5 (1): 43-55.
- Farnaz Shishehgar, Fahimeh Ramezani Tehrani, Parvin Mirmiran, Sepideh Hajian, Ahmad Reza Baghestani, & Nazanin Moslehi. Factors Influencing Physical Activity in Women with Polycystic Ovary Syndrome in Comparison to Eumenorrhic Non Hirsute Women. *Global Journal of Health Science*; Vol. 8, No. 10; 2016.
- Esmat Mehrabi, Sepideh Hajian*, Masoomeh Simbar, Mohammad Houshyari, Farid Zayeri. Coping response following a diagnosis of breast cancer: A systematic review. *Electronic Physician*. December 2015, Volume: 7, Issue: 8, Pages: 1575-1583.
- M. Khoramabadi, M. Dolatian, S. Hajian, M. Zamanian, R. Taheripanah, Z. Sheikhan, Z. Mahmoodi & A. Seyedi-Moghadam. Effects of Education Based on Health Belief Model on Dietary Behaviors of Iranian Pregnant Women. *Glob J Health Sci*. 2016; 8(2): 230-9.
- Esmat Mehrabi, Sepideh Hajian*, Masoomeh Simbar, Mohammad Houshyari, Farid Zayeri. Post-traumatic growth: a qualitative analysis of experiences regarding positive psychological changes among Iranian women with breast cancer. *Electronic Physician*. 2015; 7(5): 1239-1246.
- Leila Allahqoli, Zhila Abeed Saeedi, Ali Azin, Sepideh Hajian*, Hamid Alavi Majd, Nader Molavi, Hoda Ahmari Tehran. Social damaged women: A Qualitative study in Tehran, Iran. *Discovery*, 2015; 27(99): 63-72.
- S Hajian, M Shariati, KM Najmabadi, M Yunesian, MI Ajami . Use of the Extended Parallel



- Process Model (EPPM) to Predict Iranian Women's Intention for Vaginal Delivery. *Journal of Transcultural Nursing*. 2015; 26(3): 234– 243.
- Leila Allahqoli, Sepideh Hajian*, Zhila Abeed Saeedi ,Ali Azin4, Hamid Alavi Majd and Nader Molavi MD Barriers to Condom use Among “Socially Damaged Women”: A Qualitative Study in Iran . *BIOSCIENCES BIOTECHNOLOGY RESEARCH ASIA*. 2014; 11(3), 1421-1429.
 - Hajian S, Vakilian K, Mirzaii Najm-abadi K, Hajian P, Jalalian M. Violence against women by their intimate partners in Shahroud in northeastern region of Iran. *Glob J Health Sci*. 2014;27;6(3):117-30.
 - Leila Allahqoli, Zhila Abeed Saeedi , , Ali Azin, Sepideh Hajian, Hamid Alavi Majd, Nader Molavi. Socially damaged women's perception of sexually transmitted infections: A Qualitative study. *Life Science Journal* .2014; 11(4s).
 - Hajian S, Shariati M, Najmabadi KM, Yunesian M, Ajami ME. Psychological Predictors of Iranian pregnant women's intention to vaginal delivery through Extended Parallel Process Model: a mixed method approach. *Oman Med J*. 2013; 28(6):395-403.
 - Vakilian K, Hajian S, Sadeghian A. Frequency of congenital structural anomalies in newborns of Shahrood. *Zahedan J Res Med Sci (ZJRMS)*. 2013; 15 (9), 95-95.
 - Sepideh Hajian, Mohammad Shariati, Khadijeh Mirzaii Najmabadi, Masud Yunesian, Mohammad Ismail Ajami. The effect of the Extended Parallel Process Model of childbirth education for decreasing the rate of Caesarean section among Iranian women. *Life Science Journal* 2012; 9(3):445-452.
 - Hajian S, Vakilian K, Najabadi KM, Hosseini J, Mirzaei HR Effects of education based on the Health Belief Model on screening behavior in high risk women for breast cancer, Tehran, Iran. *Asian Pacific J Cancer Prev*. 2011; 12: 49-54.
 - Esmat Mehrabi, Sepideh Hajian*, Masoomeh Simbar, Mohammad Houshyari. Religion,

spirituality and coping with breast cancer: a phenomenological study. *Journal of research in religion and health*. 2016; 2(2): 12-23.

- Hajian S, Sheikhan Z., Simbar M., Zhiroddin AR., Torkzahrani S., Alamalhoda H., Jannati Ataii P. and Mirzaii S. Comparison of sexual function in oral contraception pills and Condom in women referring to health centers of Tehran Shahid Beheshti University of Medical Sciences. *Iranian Journal of Obstetrics, Gynecology and Infertility*. 2015; 18(167): 8-15.

- Shishehgar F, Tehrani FR, Mirmiran P, Hajian S, Baghestani AR, Moslehi N. Comparison of Dietary Intake between Polycystic Ovary Syndrome Women and Controls. *Global journal of health science*. 2016 Feb 2; 8(9):302.

Hajian S, Shariati M, Mirzaii Najmabadi K, Yunesian M, Ajami MI. The effect of educational interventions on knowledge, perceived efficacy, behavioral intention and mode of childbirth in pregnant women. *Journal of Urmia Nursing and Midwifery Faculty*. 2015 Sep 15; 13(6):458-72 (article in Persian).

Hajian S, Vakilian K, Shariati M, AJAMI ME. Attitude of pregnant women, midwives, obstetricians and anesthetists about delivery method: A qualitative study. *Payesh*. 2011; 10:39–48 (article in Persian).

- Shishehgar F, Tehrani FR, Mirmiran P, Hajian S, Baghestani AR, Moslehi N. Comparison of Restricted energy, reached protein with standard diet on treatment in women with polycystic ovary syndrome. *Medical Sciences Journal of Azad University*. 2015 25(2):104-95 .

- Mirzaii Najmabadi, K., Vakilian k., Hajian S. Investigation of psychological violence against employed and housekeeper women by their intimate partners and its relation with demographic characteristics in Shahroud, Iran. *Scientific Journal of Forensic Medicine*. 2010; 16(4):241-246.

- The role of prognostic factors on breast cancer recurrence in patients at radiation oncology

ward in imam Hossain hospital. R Mirzaei, S Hajian, B Mofid. Iranian Quarterly Journal of Breast Cancer.2008; 2 (12): 18-23.

Knowledge and attitude of nonmedical students regarding reproductive health. M Dolatian, S Hajian, M Simbar, H Alavi-Majd. Journal of Shahid Beheshti School of Nursing & Midwifery 17 (56): 3-11.

Books

Year	Authors	Title	Publication Company
2021	Sepideh Hajian, Elmira Toomary	Effective plants in episiotomy wound healing.	Shahid Beheshti University of Medical Sciences
2017	Nasibeh roozbeh, Farideh Kazemi, Zeinab Alimoradim Sepideh Hajian, Fatemeh Nahidi	Clinical guidelines for primary care in sexually transmitted infections. Specific handbook for reproductive health specialists and gynecologists.	Jame-e- negar publishing house. Tehran.